

Spa Treatment Zone

An unusual world...

A world of soft sounds, inspiring aromas and harmony. This is a place where nature meets beauty and time stops. Whether you stay for an hour or the whole day, whether you indulge in a fast modelling treatment or a whole relaxing SPA-package – you will enjoy the luxury and comfort, the individual attention and our professional care.

SPA ZONE 1

- *Pedicure room
- *Manicure room
- *Hydro-Massage Room
- *6 massage and cosmetics rooms

SPA ZONE 2 - VIP SPA ZONE

- *1st VIP SPA – “Saray” Bath, round Jacuzzi, relaxation zone, showers
- *2nd VIP SPA - “Saray” Bath, oval Jacuzzi, Finnish sauna, relaxation zone, showers
- *3rd VIP SPA – Round Jacuzzi, showers, relaxation zone

SPA ZONE 3

- *Shiatsu room
- *Thai massage room
- *Bali massage room
- *Ayurvedic massage room
- *Yumeiho massage room
- *9 massage rooms

Classic massages

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|------------------------------|--------------|-----------------|
| Classic full body massage | 45min/ 65lv. | 60 min/ 85 lv. |
| Classic partial body massage | 20min/ 40lv. | 30 min/ 50 lv. |
| Scalp and face massage | | 20 min/ 40 lv. |
| Four-handed massage | | 40 min/ 100 lv. |
| Sports massage | | 50 min/ 75 lv. |
| Deep-tissue massage | | 50 min/ 85 lv. |
| Reflexology – foot massage | | 40 min/ 60 lv. |
| Anti-cellulite massage | | 40 min/ 55 lv. |
| Golf massage | | 50 min/ 80 lv. |

Aromatherapy massages

Armatherapeutic massage “VITALITY” 50 min/ 75 lv.

Energising and revitalising rosemary and grapefruit extracts are mixed to counteract lethargy, while cleansing the mind.

Armatherapeutic massage “RECOVERY” 50 min/ 75 lv.

If you are feeling the stress of the day, release the pressure with the help of eucalyptus and camphor. This massage will improve your breathing as well as your lymph system and circulation while also having a healing effect.

Armatherapeutic massage „ORANGE” 50 min/ 75 lv.

This massage functions as an antidepressant and is recommended for high stress levels. It is also suitable for cellulite.

Armatherapeutic massage „WHITE PINE” 50 min/ 75 lv.

It reduces stress, increases mental activity and has a strong rejuvenating effect.

Armatherapeutic massage „LEMON GRASS” 50 min/ 75 lv.

It relaxes the nerves, reduces stress and energises the body.

Exfoliation

Exfoliating scrub with honey 25 min/ 40 lv.

Exfoliating scrub with bamboo 25 min/ 40 lv.

Exfoliating therapy ‘Satin Shine’ 25 min/ 40 lv.

Exfoliating therapy ‘Velvet’ 45 min/ 75 lv.

Includes 15 to 20 minutes stay in a steam bath, tender peeling with a special glove and a relaxing soap massage, which removes dead cells, cleans the skin and unclogs the pores.



Eastern Massages

Thai massage 80 min/ 120 lv.

The massage is a whole healing system, focusing mostly on the muscle tissue; it includes passive exercises, which resemble yoga poses, reflexology and stretching, and activates the flow of energy in the body.

Shiatsu 60 min/ 100 lv.

A Japanese massage, which stimulates the Acupressure points directly and very powerfully for healing purposes, activates the inner energy and heals the body by applying pressure to key points on the body with thumbs.

Yumeiho 60 min/ 110 lv.

A manual therapy originating from Japan, it is a whole philosophy on how to reach complete balance and harmony inside oneself through massage techniques and gymnastic exercises until full balance is restored.

Ayurveda 70 min/ 130 lv.

‘Science of life’, this traditional Indian medicine dates back to 5,000 years, preserving the balance in our body and protecting it from illness.

Bali 60 min/ 100 lv.

A traditional Indonesian massage with specific massage techniques, such as acupressure, reflexology, stretching. It helps to relieve stress and to achieve harmony of body and soul.

Anti-cellulite, weight-loss and tightening therapies

Weight-loss and tightening therapy with micronized seaweed 60 min/ 95 lv.

This tightening therapy with seaweed, collected from the coast of Brittany in France, smoothes out cellulite, improves circulation, detoxifies and hydrates the skin.

Smoothering anti-cellulite therapy with green coffee mask and extract 60 min/ 110 lv.

The most effective way to combat cellulite. The mask of 100% pure micronized green coffee stimulates the body's ability to break down fat and to convert it into energy. It helps to control fat build-ups and to tighten the body.

Tightening therapy 'Cocoon' 60 min/ 95 lv.

Your body is enveloped in a velvet gel of sea ingredients, which tighten the skin and improve its elasticity, by increasing the body's production of elastic tissue and collagen.

Special Spa therapies

Vitamin C Therapy (Natura Bisse) 90 min/ 150 lv.

"Citrus dance for the senses" - an eminent ritual that rejuvenates the skin with all the benefits of vitamin C, thanks to the powerful antioxidants that neutralize the negative effects of free radicals. This therapy is the perfect cocktail for restoring your skin (peeling, mask, bath and finishing massage).

Warm her-bag therapy (face and body) 70 min/ 120 lv.

A combination of warm bags of lavender buds and flowers, along with an exfoliation and a massage, this therapy entices the senses and gives the skin an exquisite velvety.

'SABAI' - granite stone therapy 70 min/ 130 lv.

Sabai is a Thai expression for well-being. Relax from the pressure and tiredness with the help of warm granite stones and a selection of fresh aromatic and ethereal oils.

Aromatic mud therapy 60 min/ 100 lv.

This unique healing magma dates back to 40,000 years. The aromatic mud is rich in natural minerals. It relieves muscle tension pain, joint pains and sports traumas.

Roman honey and milk therapy 60 min/ 90 lv.

The Roman massage with honey and milk is rich in proteins and vitamins, stimulating the elimination of toxins, improving blood and lymph circulation. It nourishes the skin and gives it a glow.

"SARAY" clay and mud therapy 90 min/ 140 lv.

The clay heals headaches, back pains, inflammations, it detoxifies the organism and is rich in Calcium and Magnesium.

Chocolate therapy 60 min/ 95 lv.

It involves peeling and a massage with 100% natural chocolate along with herb oil. It has been proven that cacao improves the production of endorphins, nourishes, hydrates and rejuvenates the skin.

"Light feet" therapy 35 min/ 60 lv.

This therapy will have a positive effect on your feet, tired or sore, allowing you to walk comfortably yet again.

Face therapies - Natura Bisse

Rejuvenating therapy with collagen and elastin 60 min/ 120 lv.

Enjoy this powerful therapy, which rejuvenates the skin and improves its elasticity, increases the body's production of collagen and elastin and removes wrinkles.

Face treatment with Vitamin C 60 min/ 120 lv.

100% pure vitamin C relieves the skin, damaged by the sun, and helps to slow down aging. It also stimulates the production of collagen and improves the skin's elasticity.

'Oxygen awakening' - for dehydrated and exhausted skin 60 min/ 100 lv.

A perfect treatment for dehydrated and aging skin, thanks to the active ingredients such as stabilised peroxide, aqua vitae, which will restore the skin and its glow.

Eye area therapy 30 min/ 60 lv.

The treatment uses powerful ingredients, such as elastin and collagen to remove the dark circles under the eyes and the mimic lines, while having a strong tightening effect.

Face therapies - PHYTOMER

Therapy 'CITYLIFE' 60 min/ 110 lv.

This therapy has been created for people who live in a polluted urban environment. Being suitable for any skin type, it has a hydrating effect and giving the skin its natural glow.

Therapy 'PHEOHYDRANE' 60 min/ 100 lv.

Effective for all skin types, but ideal for dry and tough skin, this therapy includes the patented ingredient 'Pheohydrane' (brown seaweed extract), which nourishes the skin, hydrates it and makes it smooth and tender.

Eye area therapy 30 min/ 60 lv.

Highly concentrated anti-aging formula, helps to remove the visible signs of aging and the wrinkles around the eyes. The therapy revitalises and returns the youthful appearance.

Hydro-massage Baths

Relaxing thalassic bath 30 min/ 40 lv.

Detoxifying thalassic bath 30 min/ 40 lv.

Anti-cellulite thalassic bath 30 min/ 40 lv.

