

*General rules:*

*For the sake of comfort, safety and proper rest of all our guests, we ask you to always follow the following rules:*

*Smoking on the grounds of the SPA Centre is strictly forbidden.*

*Use of mobile phones in the customer areas is not permitted. Please leave your mobile phones turned off inside your locker. This is the time when your body and mind ought to be free from everyday stress and worry.*

*Children under 16 are not permitted to enter the gym or use the Spa facilities unaccompanied.*

*Please leave your valuables inside your locker. The Spa centre is not responsible for any of the guests' lost or damaged personal items.*

*It is not permitted to bring in any food or drinks into the Spa centre during your stay. Food and drinks are available in all recreational areas, as well as at our Vitamin Bar / behind the main spa reception/.*

*If you have a gift coupon, carry it with you on the day of the treatment, in order to present it at the Spa Reception.*

*Bath robes and slippers must be worn at all times in all shared areas, while a swimsuit is mandatory for all thermal rooms, as well as during sunbathing.*

*Always use the showers before going into the swimming pool as well as between usages of the thermal rooms.*

*When inside the saunas, there always has to be a towel on the bench.*

*Do not put oils or any other such products in the water bucket inside the sauna without having consulted a member of our team.*

*Do not leave any toiletries in the shower areas.*

*Put all the used towels inside the buckets, intended for that purpose.*

*During the treatment:*

*Please, come prepared 10 minutes before the treatment itself, so that you can be looked after by our therapist at the appointed time. If time is lost due to lateness, the treatment will be shortened or changed entirely without monetary compensation.*

*During your chosen treatments, in the treatment rooms, you have to be in your underwear or in your swimsuit. For some treatments you will be given special underwear for single use and you will be covered by a towel the entire time.*

*During the treatments, you have to keep your therapist informed about your well-being, whether you are hot or cold or whether he/she is applying too much or not enough pressure. If you have any injuries or have a special (medical) condition, you need to inform your therapist about it. They can offer you the appropriate facilities during the treatment in order to improve your well-being.*

*We recommend that you consume lots of liquids after using our thermal treatments, while avoiding the consumption of alcohol and coffee.*

*We hope that you will remain satisfied after hours of rest and relaxation.*

*Your reviews are always greatly appreciated!*

